Begin With the End in Mind

1. Balance your term schedule – limit your sciences (6-9 credits)
2. Identify 10 schools
   a. Do the schools accept AP credits?
   b. Make a spreadsheet listing the prerequisite courses (required courses, not recommended courses).
3. Begin to consider majors – What interest you? What do you love?
   http://www.asundergrad.pitt.edu/majors-minors-and-certificates
4. Consider experiential learning – study abroad, research, leadership, community service, clinical exposure. Where is your passion?
5. Sign up for a health professions overview session

Health Professions Overview Sessions
Please register for one mandatory session at the following link:
https://docs.google.com/forms/d/1aXjdxhIY3O_layxwrIxy5v7TawZBTDWvLztG1jDr7cw/viewform

- Sunday, September 25  5:00 – 6:00 PM
- Sunday, October 16   5:00 – 6:00 PM
- Sunday, November 6   5:00 – 6:00 PM
- Sunday, January 8    5:00 – 6:00 PM
- Sunday, February 5   5:00 – 6:00 PM
- Sunday, March 19     5:00 – 6:00 PM

Study Skills Prep for College Math and Science
https://www.coursera.org/learn/learning-how-to-learn

Web Resources
Explore Health Careers  http://www.explorehealthcareers.org
Aspiring Docs         http://www.aspiringdocs.org
AAMC – Allopathic     http://www.aamc.org
AACOM – Osteopathic   http://www.aacom.org
ADEA – Dental         http://www.adea.org
Optometry              http://www.opted.org
Veterinary             http://www.aavmc.org/
Podiatry               http://www.aacpm.org/

06/06/16